



THIS WEEK'S MENU

MONDAY

Daily Choice

Fresh baked jacket potato with a choice of cheddar cheese or Tuna mayo

Or

Smoked tofu and sweet potato salad

Dessert
Fruit Jelly

TUESDAY

Daily Choice

Lentil chilli with golden rice and tortilla chips

Or

Cheese Baguette and fresh salad side

Dessert
Banana and blueberry muffin

WEDNESDAY

Daily Choice

Meatballs in a tomato & herb sauce with spaghetti

Or

Fish pie
White fish salmon and smoked haddock with a potato topping

Dessert
Seeded spiced cookie

THURSDAY

Daily Choice

Cottage pie with fresh vegetables

Or

Sweet chilli Tempeh and chorizo noodles

Dessert
Pumpkin cake

FRIDAY

Daily Choice

Hot Dog with chunky chips

Or

Sharwarma pitta bread kebab with salad and fruity coleslaw

Dessert
Raspberry's and yoghurt with a candy floss meringue

With a salad counter consisting of cucumber, tomatoes, mixed peppers, sweetcorn with a daily variation of coleslaw, mixed leaf lettuce, Herby potato salad or mixed bean salad.

Daily freshly baked bread always available

Allergen Matrix available, gluten, dairy free alternatives available. Please consult with Mr J for allergy advice

COGNITA

Week Commencing 20/1, 10/2, 10/3

