



## THIS WEEK'S MENU

### MONDAY

Daily Choice

Fresh baked jacket potato with a choice of cheddar cheese or Baked Beans

Or

Garlic & herb Quorn chicken flatbread with salad and pesto mayo

Dessert

Gingerbread biscuit

### TUESDAY

Daily Choice

3 cheese pasta shells

Or

Tuna tortilla wrap

Dessert

Fruit salad

### WEDNESDAY

Daily Choice

Quorn chicken tikka with fried vegetable rice

Or

Fish Pie topped with a chive mash

Dessert

Melon wedge

### THURSDAY

Daily Choice

Mince and gravy pie with baby potatoes and vegetables

Or

Cheese baguette

Dessert

Lemon sponge

### FRIDAY

Daily Choice

Quorn Burger with chunky chips

Or

Creamy crème fraiche and herb tagliatelle

Dessert

Choc chip cookie

With a salad counter consisting of cucumber, tomatoes, mixed peppers, sweetcorn with a daily variation of coleslaw, mixed leaf lettuce, Herby potato salad or mixed bean salad.

Daily freshly baked bread always available

Allergen Matrix available, gluten, dairy free alternatives available. Please consult with Mr J for allergy advice

**COGNITA**

Week Commencing 23/9.14/10,18/11,9/12

