



THIS WEEK'S MENU

MONDAY

Daily Choice

Fresh baked jacket potato with a choice of cheddar cheese or Tuna mayo

Or

Onion Bhaji tortilla wrap filled with crisp salad and curry mayo

Dessert
Fruit Jelly

TUESDAY

Daily Choice

Italian meatballs in marinara sauce with spaghetti

Or

Roasted pepper, pesto and mozzarella panini

Dessert
Vanilla sponge with biscoff icing

WEDNESDAY

Daily Choice

Quorn chicken curry with steamed rice and naan bread

Or

Mixed bean chilli with steamed rice

Dessert
Shortbread biscuit

THURSDAY

Daily Choice

Quorn roast with baby roast potatoes, vegetables and gravy

Or

Loaded potato skins with cheese & spring onion

Dessert
Mixed spice cookie

FRIDAY

Daily Choice

Fish Fingers with chunky chips

Or

Pasta twists in a tomato & herb sauce

Dessert
Vanilla ice cream

With a salad counter consisting of cucumber, tomatoes, mixed peppers, sweetcorn with a daily variation of coleslaw, mixed leaf lettuce, Herby potato salad or mixed bean salad.

Daily freshly baked bread always available

Allergen Matrix available, gluten, dairy free alternatives available. Please consult with Mr J for allergy advice

COGNITA

Week Commencing 16/9,7/10,11/11,2/12

